

# Mental Health First Aid Trainer Course

Accredited Level 3 SafeCert Qualification

Duration: 3 Days (10am - 4:30pm) Level: Level 3 Price: £450 + VAT per person

Abertay Training

Last Updated: 5 April 2026



This accredited Mental Health First Aid Trainer course is designed for professionals who want to deliver mental health first aid training within their organisation. The two-day programme covers mental health legislation, common mental health conditions, crisis intervention, and practical

training delivery techniques. Upon completion, you will receive a SafeCert Level 3 Award enabling you to deliver compliant mental health first aid training to employees, helping to create mentally healthy workplaces.

## Course Information

- Duration:** 3 Days (10am - 4:30pm)
- Qualification:** SafeCert Level 3
- Price:** £450 + VAT per person
- Delivery:** Classroom / Zoom
- Locations:** UK-wide venues + Online Zoom

[Call 0333 500 5000 to Book](tel:03335005000)

## Our Accreditations

## What You'll Learn

- ✓ Mental Health Legislation and Policy
- ✓ Common Mental Health Conditions
- ✓ Stress and Burnout Recognition
- ✓ Anxiety and Depression Awareness
- ✓ Suicide Awareness and Prevention
- ✓ Crisis Intervention Techniques
- ✓ Signposting and Support Resources
- ✓ Reducing Stigma in the Workplace
- ✓ Practical Training Delivery
- ✓ Assessment and Certification

## Available Mental Health First Aid Trainer Course Dates

VENUE	Apr 2026	May 2026	Jun 2026	Jul 2026	Aug 2026	Sept 2026
Online (Zoom)	<a href="#">13-15</a>	-	<a href="#">15-17</a>	-	<a href="#">10-12</a>	-
Glasgow	<a href="#">7-9</a>	-	<a href="#">8-10</a>	-	<a href="#">4-6</a>	-
Belfast	<a href="#">20-22</a>	-	<a href="#">22-24</a>	-	<a href="#">17-19</a>	-
London	<a href="#">7-9</a>	-	<a href="#">8-10</a>	-	<a href="#">4-6</a>	-
Manchester	<a href="#">20-22</a>	-	<a href="#">16-18</a>	-	<a href="#">18-20</a>	-
Birmingham	<a href="#">20-22</a>	-	<a href="#">16-18</a>	-	<a href="#">18-20</a>	-
Cardiff	<a href="#">20-22</a>	-	<a href="#">22-24</a>	-	<a href="#">17-19</a>	-

Dates shown are course start dates. All prices exclude VAT. Dates subject to availability.

Course: Mental Health First Aid Trainer Course | Provider: Abertay Training | Website: www.abertaytraining.co.uk | Qualification: SafeCert Level 3 | Duration: 3 Days (10am - 4:30pm) | Price: £450 + VAT per person | Accreditation: SafeCert Level 3 | CPD Accredited | IOSH Approved Provider | ISO 9001 Certified | ISO 14001 Certified | ISO 45001 Certified | IFE Affiliate | RoSPA Member | Backcare Member | Locations: UK-wide venues + Online Zoom | Keywords: Mental Health First Aid Trainer Course, Mental Health First Aid Trainer Course UK, Mental Health First Aid Trainer Course course, Mental Health First Aid Trainer Course qualification, Mental Health First Aid Trainer Course certification, Mental Health First Aid Trainer Course accredited, train the trainer mental health first aid trainer course, SafeCert Level 3 mental health first aid trainer course, Mental Health First Aid Trainer Course online, Mental Health First Aid Trainer Course classroom, Mental Health First Aid Trainer Course Scotland, Mental Health First Aid Trainer Course England, Mental Health First Aid Trainer Course Northern Ireland, Mental Health First Aid Trainer Course Wales, Abertay Training, Abertay Training UK, accredited trainer course UK, SafeCert Level 3, CPD accredited training, IOSH approved provider, ISO 9001 certified training provider, ISO 14001 certified, ISO 45001 certified, IFE affiliate, RoSPA member, Backcare member, UK-wide training venues, Online Zoom training, Glasgow Edinburgh Belfast London Manchester Birmingham Bristol Cardiff Newcastle  
 Schema: {"@context":"https://schema.org","@type":"Course","name":"Mental Health First Aid Trainer Course","description":"This accredited Mental Health First Aid Trainer course is designed for professionals who want to deliver mental health first aid training within their organisation. The two-day programme covers mental health legislation, common mental health conditions, crisis intervention, and practical training de","provider":{"@type":"EducationalOrganization","name":"Abertay Training","url":"https://www.abertaytraining.co.uk","telephone":"0333 500 5000","email":"info@abertaytraining.co.uk","address":{"@type":"PostalAddress","addressCountry":"GB"},"hasCredential":["ISO 9001","ISO 14001","ISO 45001","SafeCert Approved Centre","IOSH Approved Provider","IFE Affiliate","RoSPA Member","Backcare Member"]},"offers":{"@type":"Offer","price":"£450 + VAT per person","priceCurrency":"GBP","availability":"https://schema.org/InStock"},"courseMode":["blended","onsite","online"],"educationalLevel":"Level 3","inLanguage":"en-GB","availableLanguage":"English","coursePrerequisites":"No formal prerequisites required"}