













ABERTAY INTERNATIONAL TRAINING LTD

July 2024 to May 2025

For all your Accredited Train the Trainer Courses and Health & Safety Qualification in the UK and Worldwide

"The trainer was just great and a credit to you."

"I really enjoyed the course, many thanks!"

"A great course and a great trainer, my thank you again to the trainer for me".

"I put 10 out o 10 in the evaluation for most things, because I really enjoyed the courses."



NEW ZOOM Option to complete Trainer Course over Zoom



International Courses Available Just give us a Call **0333 500 5000**

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This Approved Mental Health First Aid at Work Trainer (Level 3)

If you have PTLLS, Education & Training Award or any other of our level 3 trainer courses, you are exempt from day 1 and get 20% off .

This 3 day SafeCert Approved Mental Health First Aid at Work Trainer (Level 3) Course at £375 includes vat the resources such as lesson handouts plan, PowerPoint so you can have the resources to teach you own courses as quickly as possible after attending Although course. course is run over 3 days, the first day is a teaching unit, so if you have a teaching certifi cate like PTLLS Level 3 or above you will be exempt from the first day so that you would only have to attend day 2 & 3.

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow		12-14		28-30		16-18		10-12		14-16	
London		7-9		21-23		9-11		3-5		7-9	
Birmingham	29-31		23-25		18-20		13-15		10-12		6-8
Manchester	29-31		23-25		18-20		13-15		10-12		6-8
Cardiff		12-14		7-9		9-11		3-5		7-9	
Belfast		12-14		7-9		9-11		3-5		7-9	
Online ZOOM		12-14		28-30		16-18		10-12		14-16	

ZOOM Option is completed online with training materials sent before course date

The course will include the following topics:

- planning (including session planning)
- delivery (practical tips for delivery to a diverse range of audiences)
- evaluation (self, peer group and course evaluation)
- · setting ground rules
- use of icebreakers
- the respectful learning environment
- training resources engagement

- what is mental health fi rst aid
- providing advice and support
- mental health areas such as stress, depression, self-harm, eating disorders, personality disorders, bipolar disorder, anxiety, schizophrenia, suicide etc
- identifying mental health conditions
- mental health action planning
- signposting areas of support

We can also provide In-House courses anywhere in the UK and abroad, just ask for details.









First Aid Trainer (To teach/assess all HSE First Aid at Work Courses)

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This awarding body approved First Aid Trainer/ Assessor CPD Course at £375 + vat meets current HSE guidelines and all new change. This course includes nationally recognised Planning and Delivering Teaching Sessions to Groups as acceptable teaching awards to teach first aid, as well as assessing CPD. Cost includes trainer's manual and PowerPoint.

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	Мау
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	8-10	19-21		7-9	25-27		27-29		17-19		6-8
Edinburgh	8-10	19-21		7-9	25-27		27-29		17-19		6-8
London		6-8	23-25		11-13	16-18		3-5	24-26		12-14
Birmingham	29-31		16-18		4-6	18-20		10-12		7-9	27-29
Manchester	29-31		16-18		4-6	18-20		10-12		7-9	27-29
Maidstone		6-8	23-25		11-13	16-18		3-5	24-26		12-14
Newcastle	8-10	19-21		7-9	25-27		27-29		17-19		6-8
Bristol	15-17	27-29		14-16		2-4		10-12		14-16	
Cardiff	15-17	27-29		14-16		2-4		10-12		14-16	
Belfast	15-17	27-29		14-16		2-4		10-12		14-16	
Online ZOOM	8-10	19-21		7-9	25-27		27-29		17-19		6-8

Day 1-2, Day 3

at Venue

ZOOM Option is day 1+2 is completed online with training materials sent before course date, then day 3 practical sessions are completed at the venue.

This First Aid Trainer will allow candidates to teach the following:

- HSE First Aid at Work
 - Child & Baby First Aid •
- Emergency First Aid
- CPR TrainingPublic First Aid
- Update Training

Emergency First Aid Trainer (To teach only the HSE I day Emergency First Aid)

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This awarding body approved Emergency First Aid Trainer/Assessor CPD Course at £295 + vat meets current HSE guidelines and all new changes. This course includes nationally recognised Planning and Delivering Teaching Sessions to Groups as an acceptable teaching awards to teach first aid, as well as assessing CPD (prior study req).

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	Мау
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	8-9	19-20		7-8	25-26		27-28		17-18		6-7
Edinburgh	8-9	19-20		7-8	25-26		27-28		17-18		6-7
London		6-7	23-25		11-13	16-18		3-5	24-26		12-14
Birmingham	29-30		16-17		4-5	18-19		10-11		7-8	27-28
Manchester	29-30		16-17		4-5	18-19		10-11		7-8	27-28
Maidstone		6-7	23-24		11-12	16-17		3-4	24-25		12-13
Newcastle	8-9	19-20		7-8	25-26		27-28		17-18		6-7
Bristol	15-16	27-28		14-15		2-3		10-11		14-15	
Cardiff	15-16	27-28		14-15		2-3		10-11		14-15	
Belfast	15-16	27-28		14-15		2-3		10-11		14-15	
Online ZOOM	8-9	19-20		7-8	25-26		27-28		17-18		6-7

ZOOM Day 2 at venue

zoom Option is day 1 is completed online with training materials sent before course date, then day 2 practical sessions are completed at the venue.

Cost includes trainer's manual and PowerPoint. This Emergency First Aid Trainer will allow candidates to teach the Emergency First Aid Course.

This Awarding Body approved AED Trainer (Level 3) I day Course

This is also an optional for the 3rd day afternoon on the First Aid Trainer Course above.

This SafeCert Nationally Approved (Level 3) Trainers Qualification Course at £150 + vat per candidate is specifically designed to give First Aid Instructor, Lifeguard Trainer or Health & Safety Officer in your company the qualification to teach/ assess candidates for the AED Courses. All candidates can book a place by sending off the booking form as attached Includes trainer resources of lesson plans, PowerPoints and Handouts.

	Jul 2024	Aug 2024	Sep 2024	Oct 2024	Nov 2024	Dec 2024	Jan 2025	Feb 2025	Mar 2025	Apr 2025	May 2025
Glasgow	10	21		9	27		29		19		8
Edinburgh	10	21		9	27		29		19		8
London	10	21		9	27		29		19		8
Birmingham		8	25		13	18		5	26		14
Manchester	31		18		6	20		12		9	29
Maidstone	31		18		6	20		12		9	29
Newcastle		8	25		13	18		5	26		14
Bristol	10	21		9	27		29		19		8
Cardiff	17	29		16		4		12		16	
Relfast	17	29		16		4		12		16	

Course will include the following:

- Incident Managemen
- Cardiac Arrest
- AED Familiarisation
- Non/Shockable Rhythms
- AED Practical Scenarios
- Basic Life Support
- Protocol Using an AED
- Teaching & Assessing AED/CPR











This Awarding Body approved Manual Handling Trainer (Level 3) 2 days Course

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This Nationally Accredited (Level 3) Trainers
Qualification Course at £375
+ vat per candidate will
qualify Trainers to teach
Accredited Manual
Handling Courses either
over the 4 hours or full day
course. (We also provide
the SafeCert approved
Patient Handling Trainers
Course as seen on below).

	Jul 2024	Aug 2024	Sep 2024	Oct 2024	Nov 2024	Dec 2024	Jan 2025	Feb 2025	Mar 2025	Apr 2025	May 2025
Glasgow	15-16	27-28		14-15		3-4	20-21		10-11	28-29	
Edinburgh	15-16	27-28		14-15		3-4	20-21		10-11	28-29	
London	29-30		16-18		4-5	18-19		10-11		7-8	27-28
Birmingham	1-2	19-20		7-8	25-26		27-28		24-25		19-20
Manchester	1-2	19-20		7-8	25-26		27-28		24-25		19-20
Maidstone	29-30		16-18		4-5	18-19		10-11		7-8	27-28
Newcastle	15-16	27-28		14-15		3-4	20-21		10-11	28-29	
Bristol		6-7	23-25		18-19			3-4	31-1		12-13
Cardiff		6-7	23-25		18-19			3-4	31-1		12-13
Belfast		6-7	23-25		18-19			3-4	31-1		12-13
Online ZOOM	15-16	27-28		14-15		3-4	20-21		10-11	28-29	

The Manual Handling Trainers Course will cover the following topics:

- Legal Issues Cost of manual handling injuries
- Health & Fitness Health and working safety factors
- · Basic rules for lifting with demonstrations
- Risk Assessment Principles, Recognition and Reducing the Risks
- Teaching Manual Handling

- Spinal anatomy Functions, prevention & causes of pain
- Principles of movement Design and Ergonomics
- Demonstrations of Safe Lifting
- Recording & Reporting Accurate Training Records
- Assessing Manual Handling Skills

SafeCert approved Patient (Client) Handling Trainer 3 day Course

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This SafeCert Awards
Nationally Accredited
Trainers Course at £375 +
vat per candidate will
qualify trainers to teach
Accredited Patient (Client)
Handling Courses either
over updates or full day
course. (We also provide
the approved Manual
Handling Trainers Courses
seen as above.) The Patient
(Client) Handling Trainers
Course will cover the
following topics:

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	15-17	27-29		14-16		3-5	20-22		10-12	28-30	
Edinburgh	15-17	27-29		14-16		3-5	20-22		10-12	28-30	
London	29-31		16-18		4-6	18-20		10-12		7-9	27-29
Birmingham	1-3	19-21		7-9	25-27		27-29		24-26		19-21
Manchester	1-3	19-21		7-9	25-27		27-29		24-26		19-21
Maidstone	29-31		16-18		4-6	18-20		10-12		7-9	27-29
Newcastle	15-17	27-29		14-16		3-5	20-22		10-12	28-30	
Bristol		6-8	23-25		18-20			3-5	31-2		12-14
Cardiff		6-8	23-25		18-20			3-5	31-2		12-14
Belfast		6-8	23-25		18-20			3-5	31-2		12-14
Online ZOOM	15-17	27-29		14-16		3-5	20-22		10-12	28-30	

Day 3 at venue

ZOOM Option is day 1 and 2 is completed online with training materials sent before course date then day 3 is completed at the venue with the practical equipment.

The Manual Handling Trainers Course will cover the following topics:

- Legal Issues Cost of manual handling injuries
- Health & Fitness Health and working safety factors
- · Basic rules for lifting with demonstrations
- Principles of movement Design and Ergonomics
- Safe Patient transfers with demonstrations
- Assessing Patient Handling Skills
- Spinal anatomy Functions, prevention & causes of pain
- Demonstrations of Safe Lifting

This Awarding Body approved Evacuation Chair Trainer (Level 3) 1 day Course

This is also a good trainers course for persons who are Manual Handling Trainers.

The Evacuation Chair Trainer (Level 3) Course is over 1 day costs only £195. We specialise in Train the Trainer Courses not only for this Evacuation Chair Trainer (Level 3) Course but also in Patient Handling, First Aid, AED, Health & Safety, and PTLLS. This SafeCert approved Evacuation Chair Trainer Course is for all persons who wish to teach and assess the use of the Evacuation Chair in the workplace.

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	Мау
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	24			17		6	23		13		1
London	24		19		7			13		8	
Manchester	3	30		10			30		27		22
Cardiff		21			21			6		3	
Belfast		21			21			6		3	











This Awarding Body approved Infection Control Trainer (Level 3) Award

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This 2 day course at £295 + vat per person is aimed at giving care sector trainers the necessary skills and confidence to deliver accredited Infection Control courses. The instructors course is a Level 3 qualification that is accredited by SafeCert.

	Jul 2024	Aug 2024	Sep 2024	Oct 2024	Nov 2024	Dec 2024	Jan 2025	Feb 2025	Mar 2025	Apr 2025	Мау 2025
Glasgow	22-23	28-29		28-29		16-17		10-11		14-15	
London	1-2	12-13		21-22		9-10		3-4		7-8	
Birmingham	1-2	12-13			18-19		13-14		10-11		6-7
Manchester	1-2	12-13			18-19		13-14		10-11		6-7
Cardiff		19-20		7-8		9-10		3-4		7-8	
Belfast		19-20		7-8		9-10		3-4		7-8	
Online ZOOM	22-23	28-29		28-29		16-17		10-11		14-15	

ZOOM Option is completed online with training materials sent before course date The syllabus includes:

- What is infection and cross infection
- The groups of people most at risk of infection
- How infection can be transmitted and how to reduce the spread of infection
- Reporting and audit trail

- · Wash hands eff ectively and what is meant by 'universal precautions
- Preparing and delivering a training session
- The diff erence between bacterial and viral infections
- · Refl ecting and feedback on training practice

This Awarding Body approved Administration of Medication Trainer (Level 3)

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This 2 or 3 day course at £295 + vat per person is aimed at giving care sector trainers the necessary skills and confi dence to deliver accredited Administration of Medication courses. The instructors' course is a Level 3 qualifi cation that is accredited by SafeCert.

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	22-23	28-29		28-29		16-17		10-11		14-15	
London	1-2	12-13		21-22		9-10		3-4		7-8	
Birmingham	1-2	12-13			18-19		13-14		10-11		6-7
Manchester	1-2	12-13			18-19		13-14		10-11		6-7
Cardiff		19-20		7-8		9-10		3-4		7-8	
Belfast		19-20		7-8		9-10		3-4		7-8	
Online ZOOM	22-23	28-29		28-29		16-17		10-11		14-15	

ZOOM Option is completed online with training materials sent before course date

The syllabus includes:

- · What is "licensed medication"
- Legislation relating to medication and the application of it
- The routes of administration and the theory of how to safely administer medication via the most frequently used routes
- The importance and legal requirements of documentation in relation to medication
- · Understand what is meant by 'consent' and how medication can be abused
- Signs and symptoms of an allergic reaction and the actions to take
- Preparing and delivering a training session
- · Refl ecting feedback on training practice

This Awarding Body approved Dementia Trainer (Level 3) Award

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

The Dementia Awareness Trainers Course is over 2 days costs only £295 + vat which will include all trainer resources so that you start teaching without delay to include PowerPoint, Lesson Handouts Assessment Forms etc

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	Мау
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	8-9			28-29		16-17		10-11		14-15	
London		6-7		21-22		9-10		3-4		7-8	
Birmingham	29-30				18-19		13-14		10-11		6-7
Manchester	29-30				18-19		13-14		10-11		6-7
Cardiff		27-28		7-8		9-10		3-4		7-8	
Belfast		27-28		7-8		9-10		3-4		7-8	
Online ZOOM	8-9			28-29		16-17		10-11		14-15	

ZOOM Option is completed online with training materials sent before course date

The Dementia Awreness Instructors course will include the following:

- The Care Approach
- **Human Rights**
- Empathy and validation
- Responding to diff erent realities
- Preventing and responding to aggression Demintia Awareness Courses
- Understanding Dementia
- · Working with carers and relatives
- Working with challenging behaviour
- Client/People Handling Trainers Practice
- Assessment
- SafeCert approved Dementia Awareness (Level 2) through Abertay











This Awarding Body approved SOVA Trainer (Level 3) Award

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This course at £295 + vat per person is a 2 day course aimed at trainers who wish to teach accredited Protecting of Venerable Adults. Staff completing this course will be in a better position to implement their company adult protection policy and the procedures they should follow.

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	Мау
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	22-23	28-29		28-29		16-17		10-11		14-15	
London	1-2	12-13		21-22		9-10		3-4		7-8	
Birmingham	1-2	12-13			18-19		13-14		10-11		6-7
Manchester	1-2	12-13			18-19		13-14		10-11		6-7
Cardiff		19-20		7-8		9-10		3-4		7-8	
Belfast		19-20		7-8		9-10		3-4		7-8	
Online ZOOM	22-23	28-29		28-29		16-17		10-11		14-15	

ZOOM Option is completed online with training materials sent before course date

On completion of the course, trainers will understand:

- · Different types of abuse
- Definition of a vulnerable adults
- Sign and symptoms relating to abuse
- · How to deal with abuse

- · Legislation relating to abuse
- · Reporting abuse
- Preparing and delivering a training session
- Refl ecting feedback on training practice

This Awarding Body approved Food Hygiene Trainer (Level 3) Award

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This course is a 2 day course at £295 + vat per person aimed at trainers teaching raising awareness of the importance of Food Safety. This trainers course is for all trainers to be able to teach Accredited Food Safety Courses.. This is the ideal package for senior staff in hospitals, residential care / nursing homes and those providing care in the community who may be called upon to deliver Accredited Food Hygiene training.

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	8-9	19-20		21-22		9-10		3-4		7-8	
London		6-7		7-8		2-3		10-11		14-15	
Manchester	29-30			1-2	25-26		20-21		10-11		12-13
Birmingham	29-30			1-2	25-26		20-21		10-11		12-13
Cardiff	15-16	27-28		14-15		9-10		10-11		7-8	
Belfast	15-16	27-28		14-15		9-10		10-11		7-8	
Online ZOOM	8-9	19-20		21-22		9-10		3-4		7-8	

ZOOM Option is completed online with training materials sent before course date

- Personal protection and Hygiene
- Food purchase
- Food poisoning bacteria
- Transportation of food
- Safe storage of food
- Kitchen cleaning
- Cooking safely
- Preparing and delivering a training session Refl ecting feedback on training practice

This Awarding Body approved Child Protection Trainer (Level 3) Award

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This SafeCert approved Child Protection Trainer (Level 3) Award is for all persons who are required to teach Child protection courses. The Child Protection Trainers Course is over 2 days and costs £295 + vat.

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	15-16	27-28		21-22		9-10		3-4		7-8	
London	29-30			7-8		2-3		10-11		14-15	
Manchester	1-2	19-20		1-2	25-26		20-21		10-11		12-13
Cardiff		6-7		1-2	25-26		20-21		10-11		12-13
Belfast		6-7		14-15		9-10		10-11		7-8	
Online ZOOM	15-16	27-28		21-22		9-10		3-4		7-8	

ZOOM Option is completed online with training materials sent before course date

The trainers course will include the following subjects:

- Understanding defi nitions of Child Abuse
- Recognising Signs of Abuse
- Legal Aspects
- Dealing with Suspicion of Abuse
- Understanding Discrimination
- Systems of Reporting Abuse
- Training Records
- Teaching Theory & Assessment
- Practical Teaching Session











This Awarding Body approved Health & Safety Trainer (Level 3) 3 day course

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

3 day SafeCert Nationally Approved (Level 3) Trainers Course at £375 + vat per candidate will give Trainers/Assessors the skills to teach Accredited Health and Safety Awards. which is ideal for staff inductions or refresher as follows:

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	Мау
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	22-24	28-30		21-23		9-11		3-5		7-9	
London	1-3	12-14		7-9		2-4		10-12		14-16	
Birmingham	1-3	12-14		1-3	25-27		20-22		10-12		12-14
Manchester	1-3	12-14		1-3	25-27		20-22		10-12		12-14
Cardiff		19-21		14-16		9-11		10-12		7-9	
Belfast		19-21		14-16		9-11		10-12		7-9	
Online ZOOM	22-24	28-30		21-23		9-11		3-5		7-9	

ZOOM Option is completed online with training materials sent before course date

- Health & Safety Awareness (1 day)
- Offi ce Safety (1 day)
- Personal Protective Equipment (1/2 day
- Fire Safety Awareness (1/2 day)
- Risk Assessment (1 day)
- Manual Handling (Objects 3 hrs)
- COSHH 2002 Regs
- · Safety Induction Training

· This trainers course will also provide all the PowerPoints, Workbook and Lesson Plans for your new trainer at no extra cost, so your will be able to teach accredited Health and Safety Awards.

This Awarding Body approved Health & Safety Trainer (Level 3) 3 day course

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This 2 day Nationally IFE (Institute of Fire Engineers) Fire Safety Trainers 2 day Course, is £295 + vat per person. This qualifi cation will give the skills to teach the accredited Fire Safety and Fire Warden Courses

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	22-24	28-30		21-23		9-11		3-5		7-9	
London	1-3	12-14		7-9		2-4		10-12		14-16	
Birmingham	1-3	12-14		1-3	25-27		20-22		10-12		12-14
Manchester	1-3	12-14		1-3	25-27		20-22		10-12		12-14
Cardiff		19-21		14-16		9-11		10-12		7-9	
Belfast		19-21		14-16		9-11		10-12		7-9	
Online ZOOM	22-24	28-30		21-23		9-11		3-5		7-9	

ZOOM Option is completed online with training materials sent before course date

- · Introduction to Fire Safety
- Fire Legislation Fire Extinguishers ID and uses
- Training in Practice
- Assessments
- Fire Routines, Evacuations and Means of Escape
- · Human Behaviour in the event of a Fire
- Fire Safety Training Practice
- Fire Safety and Fire Warden Courses

This Awarding Body approved Fire Safety Assessors I day Course

This is also optional 3rd day for the IFE Fire Safety Trainers Course above.

Cost £175 + vat per candidate (Also optional 3rd day to Fire Safety Trainers Course) The Assessors Course will give the skills to complete Fire Risk Assessments. Course includes following:

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	22-23	28-29		21-22		9-10		3-4		7-8	
London	1-2	12-13		7-8		2-3		10-11		14-15	
Birmingham	1-2	12-13		1-2	25-26		20-21		10-11		12-13
Manchester	1-2	12-13		1-2	25-26		20-21		10-11		12-13
Cardiff		19-20		14-15		9-10		10-11		7-8	
Belfast		19-20		14-15		9-10		10-11		7-8	
Online ZOOM	22-23	28-29		21-22		9-10		3-4		7-8	

ZOOM Option is completed online with training materials sent before course date

- Reasons for Fire Risk Assessments
- Determining Responsible Persons
- The Fire Risk Assessment Process
- Main Causes of Fire in Occupations
- Recording Fire Risk Assessment

- The Fire Triangle and Fire Prevention
- Recognising Fire Hazards
- Identifying Locations/ People at Risk
- Evaluating the Adequacy of Existing Arrangements











This Awarding Body approved DSE (Level 3)

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This SafeCert approved 1 day
Assessors course at £165 +
vat per candiate or 2 day
trainer/assessor course at
£275 + vat per candidate will
give DSE Assessors the skills
to do DSE Workstation
Assessments. (Also option to
complete extra day for the
DSE Trainers course on page
6) The DSE/VDU Assessors
Course includes the
following:

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	25			16		5	22		12	30	
London		9	19		6	20		12		9	29
Manchester		1		9	27		29		26		21
Online ZOOM	25			16		5	22		12	30	

ZOOM Option is completed online with training materials sent before course date

- Reasons for DSE Assessments
- III-Health Relating to DSE Use
- Recording the Findings in DSE Risk Assessments
- Recommendations from Findings
- DSE Legislation

- Principles of Ergonomic Design
- Minimum Requirements for DSE Workstations
- Reviewing & Revising Assessments

COSHH Trainer / Assessor Course (1 Day - Level 3)

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This NFCE approved 1 day Assessors course at £165 per candidate or 2 day trainer/assessor course at £275 per candidate will give Assessors and Trainers the skills to complete COSHH assessments in a wide variety of industries and to gain a nationally accredited Level 2 Certifi cate in COSHH Assessment.

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	26			17		6	23		13		1
London		8	20		7	19		13		10	30
Manchester		2		10	28		30		27		22
Online ZOOM	26			17		6	23		13		1

ZOOM Option is completed online with training materials sent before course date

The course will include:

- Reasons for COSHH Assessments
- COSHH Assessments
- Competences of COSHH Assessor Recording COSHH Information
- Factors Effecting the Assessment of Risk
- Data Gathering: EH40, CHIPS, Labels
- Hazardous Substances and Health Surveillance
- COSHH Regulations
- Reviewing & Revising COSHH Risk Assessments

This Awarding Body approved Introduction to Training Skills 1 day (Level 3)

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This SafeCert approved Introduction to training skills is over 1 day and cost £195 + vat and is a good all round introduction to teaching for new trainers, or to refresh existing trainers in the basics of teaching skills.

	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow		27									
Edinburgh		27									
London											
Manchester		19									
Birmingham		19									
Maidstone											
Newcastle		27									
Bristol		6									
Cardiff		6									
Belfast		6									
Online ZOOM		27									

ZOOM Option is completed online with training materials sent before course date

This course will cover the following:

- Health and Safety Issues
- Using Ice Breakers
- Introduction to Teaching
- Teaching Aids
- Learning Styles

- Teaching Theory
- Giving Feedback and Praise
- Training Records
- Assessment
- Practical 5 minute Teaching Session (Your Choice)











This Awarding Body approved Introduction to Training Skills 1 day (Level 3)

This is fast becoming the minimum stardard for teaching accredited courses from all awarding bodies.

This 4 day SafeCert Nationally Accredited Trainers Course at £450 + vat per candidate will give Trainers a nationally recognised teachers qualification called Education & Training Award accredited (SafeCert).

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow		27									
Edinburgh		27									
London											
Manchester		19									
Birmingham		19									
Maidstone											
Newcastle		27									
Bristol		6									
Cardiff		6									
Belfast		6									
Online ZOOM		27									
		_									

ZOOM Option is completed online with training materials sent before course date

Also available as E-Learning/Open Learning CALL NOW for Details

This Education and Training Award RQF Level 3 (formally PTLLS) course will cover the following:

- Understanding Roles, Responsibilities and Relationships in Education and Training
- Facilitate Learning and Development for Individuals
- Facilitate Learning and Development for Groups

- You would then either complete 1 or 2 below as follows:
- (1) Understanding Assessment in Education and Training
- (2) Understanding the Principles and Practices of Assessment (TAQA 1st Unit

PMVA (Prevention and Management of Violence and Aggression) Trainer

PMVA Trainer (Level 3) over 3 days and costs £545 + vat. Popular course in healthcare and related fi eld. This course will give deescalation techniques as well as practical defences, blocks, releases, and minimum physical interventions. If you already have a teaching award such as PDLSG, PTLLS or ETA you are exempt

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow		28-30		21-22		9-10		3-4		7-8	
London	1-3	12-13		7-8		2-3		10-11		14-15	
Manchester	1-3	12-13		1-2	25-26		20-21		10-11		12-13
Birmingham	1-3	12-13		1-2	25-26		20-21		10-11		12-13
Cardiff		19-21		14-15		9-10		10-11		7-8	
Belfast		19-21		14-15		9-10		10-11		7-8	
Online ZOOM		28-30		21-22		9-10		3-4		7-8	

- Violence and aggression in the workplace
- Legal requirements
- Verbal de-escalation skills
- Managing aggressive and abusive behaviour
- Assault cycle

- Physical breakaway techniques
- Physical intervention
- Team physical techniques
- Training PMVA skills
- Assessing PMVA skills

Working at Heights Trainer (Level 3)

Working at Heights Trainer (Level 3) over 2 days and costs £375 + vat. Popular course in health and safety related fi eld. Successful candidates would then be able to teach Working at Heights Courses and Approved Working at Heights accredited train the trainer course on working at heights to teach you how to teach working at heights courses. Cost is only £295 plus vat per person.

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	Мау
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Online ZOOM	15-16	27-28		7-8	25-26		27-28		17-18		6-7

- Working at Heights Legislation
- Working at Heights Defi nition
- Systems for Fall Arrest and Fall Restraint
- Inspection of Harness and Lanyard
- Teaching Skills

- Safe use of Ladders
- Working on Roofs Safely
- Working at Heights Risk Assessment
- Suspension Trauma and Plans for Rescue
- Assessment











PDLSG – Planning and Delivering Learning Sessions to Groups

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This 3 day SafeCert Awards
Level 6 approved general
teaching and assessing skills
course at only £295 + vat, is
ideal for anyone who needs
to provide training, or wants
to renew their training
techniques and involves a lot
of hands-on activity.
Delegates will also gain
greater enthusiasm, confi
dence and ideas for
creativity and further
development

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	Мау
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow		27-29									
Edinburgh		27-29									
London											
Manchester		19-21									
Birmingham		19-21									
Maidstone											
Newcastle		27-29									
Bristol		6-8									
Cardiff		6-8									
Belfast		6-8									
Online ZOOM		27-29									

Topics include the following:

- · Delivers role in ensuring learners needs are met
- Preparing lesson objectives, session plans and learning support materials to meet learner requirements
- Delivering planned interactive sessions and assess the progress and achievement of learners
- Evaluating the eff ectiveness of the learning sessions delivered and your own practice

As well as being a good general trainers course for all employees at work involved in training, the trainers course will also be accepted by the SafeCert Awards, as a teaching qualification for those who wish to teach Food Safety, Fire Safety, First Aid Awards, Health & Safety etc along with evidence of a relevant subject qualification which we also provide.

This Awarding Body approved Abrasive Wheels Trainer (Level 3) Award

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This course at £295 + vat per person is a 2 day course aimed at trainers who wish to teach accredited Abrasive Wheels Awards This trainers course is whose who wish to get accredited to teach accredited abrasive wheels courses

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
London		6-7	16-18		4-5	18-19		10-11		7-8	27-28
Manchester	29-30			7-8	25-26		27-28		24-25		19-20
Glasgow	8-9	19-20		14-15		3-4	20-21		10-11	28-29	
Belfast	8-9	19-20			18-19			3-4	31-1		12-13

Online ZOOM

- · Types of Wheels
- Wheel markings and Wheel manufacture
- British Standard Marking System
- Storage, Handling and Transportation
- Methods of Testing
- Blotters, Flanges, Locknuts, Mounting and Balancing
- · Wheel dressing and Adjustment of the rest
- Requirements of the Regulations
- Use of abrasive wheels including hazards and precautions
- Practical assessments
- Preparing and delivering a training session
- · Refl ecting feedback on training practice

Conflict Management Trainers Course (2 day)

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This SafeCert approved Conflict Management Trainers Course is over 2 days and costs £375 + vat and is a good all round introduction to teaching conflict management for new trainers, or to refresh existing trainers. This is a general purpose conflict management trainers course for all industry's, but we can supply the Edexcel Conflict Management Trainers Course if you need it for the SIA and the

Security Industry.

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow		28-30		21-22		9-10		3-4		7-8	
London	1-3	12-13		7-8		2-3		10-11		14-15	
Birmingham	1-3	12-13		1-2	25-26		20-21		10-11		12-13
Manchester	1-3	12-13		1-2	25-26		20-21		10-11		12-13
Cardiff		19-21		14-15		9-10		10-11		7-8	
Belfast		19-21		14-15		9-10		10-11		7-8	
Online ZOOM		28-30		21-22		9-10		3-4		7-8	

ZOOM Option is completed online with training materials sent before course date

This SafeCert approved Trainers course will cover the following:

- Introduction to Conflict Management
- The Law
- Assessing and Reducing Risks
- Avoiding Conflict
- Understanding Emotions

- Using Scenario's
- Teaching and Assessment Theory
- Giving Feedback and Praise
- Training Records
- Practical Teaching Session











This Awarding Body approved Confined Space Trainer (Level 3) - 3 days

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% of the trainers course

This 3 day nationally approved course at £395 + vat per person is supervisor training designed for all personnel responsible for the design of safe working practices, overall responsibility and supervision of personnel entering confined spaces.

Now only provided as a group booking. So if you have a group then call us we can provide this course in the UK or aboard.

Course to include the following:

- · Definition and types of confined spaces
- Safe working procedures
- Confined space hazards
- Atmosphere Monitoring

- Breathing Apparatus Awareness
- · Access and ancillary
- Risk Assessment
- · Permit to Work

This Awarding Body approved Stress Management Trainer (Level 3)

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This course is a 2 day course aimed at trainers teaching raising awareness of the stress management in the workplace. This trainers course is for all trainers to be able to stress management courses and assessment.

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Online ZOOM	15-15	27-28		7-8	25-26		27-28		17-18		6-7

Course to include the following:

- The impact of stress in the workplace Persons at risk
- · Identifying stressors in the workplace
- The ABCs of Quantifying Stress
- Persons at risk

- · Recording assessments
- · Management of stressors
- · Monitoring stress
- Preparing and delivering a training session
- · Refl ecting feedback on training practice

This Awarding Body approved Equality and Diversity Trainers (Level 3)

If you have PTLLS, Education & Training Award or any of our level 3 trainer courses, you are except from day 1 and get 20% off

This 2 day SafeCert approved **Equality and Diversity Trainers** (Level 3) Course at £295 + vat includes the resources such as lesson plan, handouts and PowerPoint so you can have the resources to teach you own courses as quickly as possible after attending the course. Although the course is run over 2 day the fi rst day is a teaching unit, so if you have a teaching certifi cate like PTLLS Level 3 or above you will be exempt from the first day so that you would only have to attend the 2nd day.

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Online ZOOM		28-29		14-16			20-22		10-12		12-13

The course will include the following topics:

- planning (including session planning)
- delivery (practical tips for delivery to a diverse range of audiences)
- evaluation (self, peer group and course evaluation)
- setting ground rules
- use of icebreakers
- the respectful learning environment
- training resources

- engagement
- practical approaches, embedding and leadership
- assessment
- What is Equality and Diversity?
- What is the diff erences between Equality and Diversity
- Teaching Equality & Diversity
- Using Role Play and Games in Teaching Equality and Diversity

We can also provide In-House courses anywhere in the UK and abroad, just ask for details.









NEW Assessor / TAQA Assessor Awards (Replaces Al Assessors Award)

Unit 1 is completed on in the morning session, Unit 2 and or Unit 3 is completed in the afternoon session

These are the NEW TAQA Assessor Awards and now replace the old Al Assessor Course (plus the older D32 / D33 Assessor Awards) The training is conducted by attending a 1 day induction to the awards where the tutor will go over all the skills required to become an assessor, types and methods of evidence, recording and reporting, portfolio building etc. Once you complete the 1 day course you then go and collect the evidence required for your portfolio and hand in for final assessment.

	Jul 2024	Aug 2024	Sep 2024	Oct 2024	Nov 2024	Dec 2024	Jan 2025	Feb 2025	Mar 2025	Apr 2025	May 2025
Glasgow	25			10	28		30		20		8
Edinburgh	25			10	28		30		20		8
London	18		26		14	19		6	27		15
Birmingham		8	19		7	19		13		10	29
Manchester		8	19		7	19		13		10	29
Maidstone	18		26		14	19		6	27		15
Newcastle	25			10	28		30		20		8
Bristol		22		17		5		13		17	
Cardiff		22		17		5		13		17	
Belfast		22		17		5		13		17	
Online ZOOM	25			10	28		30		20		8

ZOOM Option is day 1 is an induction to the award and the portfolio, where a candidate will then go and complete a portfolio of evidence and submit for assessment.

We can also supply In-house courses for your group on your dates.

Also available as E-Learning/Open Learning
CALL NOW for Details

The A1 Assessors Course is Now replaced and up- dated by these new awards		Cost	Unit 1 - Understanding the Principles and Practices of Assessment	Unit 2 - Assess Occupa- tional Competence in the Work Environment	Unit 3 - Assess Vocational Skills, Knowledge and Un- derstanding	Which award is the best one for me?
1.	Award in Understanding the Principles & Practices of As- sessment	£225 + vat	√			This one If you're a manager or supervisor and don't do any practical assessing
2.	Award in Assessing Compe- tence in the Work Environ- ment	£595 + vat	/	V		This one if you need to assess NVQ's or Competence based stan- dards (like old A1)
3.	Award in Assessing Voca- tionally Related Achieve- ment	£595 + vat	√		1	This one if you will only assess classroom based learning such as tests or assignments
4.	Certificate in Assessing Vocational Achievement	£795 + vat	√	\checkmark	/	This one if you wish to assess in all areas

NEW Internal Verifi er / Verifying Awards (Replaces V1 NVQ Internal Verifi er)

(We also off er Open Learning for all 3 awards below)

Unit 4 is completed in the morning session and Unit 2 and or Unit 8 in the afternoon session

These are the NEW IQA Internal Verifier Awards and now replace the old V1 Assessor Course (plus the older D34 Assessor Awards) The training is conducted by attending a 1 day induction to the awards where the tutor will go over all the skills required to become an internal verifier, types and methods of sampling, standardisation, recording and reporting etc. Once you complete the 1 day course you then go and collect the evidence required for your portfolio and hand in for final assessment.

	Jui	Aug	sep	Oct	NOV	Dec	Jan	reb	Mar	Apr	мау
	2024	2024	2024	2024	2024	2024	2025	2025	2025	2025	2025
Glasgow	26			11	29		31		21		9
Edinburgh	26			11	29		31		21		9
London	19		27		15	20		7	28		16
Birmingham		9	20		8	20		14		11	30
Manchester		9	20		8	20		14		11	30
Maidstone	19		27		15	20		7	28		15
Newcastle	26			11	29		31		21		9
Bristol		23		18		6		14		18	
Cardiff		23		18		6		14		18	
Belfast		23		18		6		14		18	
Online ZOOM	26			11	29		31		21		9

ZOOM Option is completed online with training materials sent before course date

Understanding Principles and Practices of Internally Assuring the Quality of Assessment £225 + vat

Also available as E-Learning/Open Learning
CALL NOW for Details











OTHER Health & Safety Training Courses Available UK and Worldwide

Other courses we provide are as follows:

- Accredited IOSH Working Safety and IOSH Managing Safety Awards
- Approved IFE Fire Warden and IFE Fire Safety Awards
- E-Learning CPD Courses in First Aid, Health and Safety, Fire Safety, HealthCare, Infection Control, DSE, COSHH, Manual Handling, Patient Handling etc
- Video Learning CPD Courses in First Aid, Health and Safety, Fire Safety, HealthCare, Infection Control, DSE, COSHH, Manual Handling, Patient Handling etc
- Open Learning CPD Courses in First Aid, Health and Safety, Fire Safety, HealthCare, Infection Control, DSE, COSHH, Manual Handling, Patient Handling etc
- Education and Training Award Top UP by E-Learning
- Project Management Accredited Prince2 Foundation Courses and Prince2 Practitioner Courses.

We have a variety of courses available which we can tailor to meet your needs

Who are our Customers?

We are known accross the UK and Worldwide for Price, Quality and Service as the Train the Trainer and Health & Safety Specialists. We regularly run many courses in various Countries and our recent customer list is testament to our success which include the following:



Trainers Pack – As well as our range of train the trainer courses we also have available the following range of trainer PowerPoint presentations at only £100 each:













Safety

Handling

First Aid

AED

DSE/VDU

Health & Safety

Remember: We can run all our trainer courses in-house anywhere in the UK or Worldwide, with group discounts available. We also develop and present bespoke trainer packages.

Contact as follows:

Email: info@abertaytraining.co.uk

UK Contact: Telephone: 0333 500 5000 Fax:0333 567 0777

Worldwide Contact: Telephone: 0044 333 500 5000 Fax: 0044 333 567 0777











Please select the drop down for course and type in your details then print and send Also CALL US NOW on 0333 500 5000 to

hold a course at Your Venue for Your Group ANYWHERE in the UK or WORLDWIDE

1 - Select Courses	
Course: Course Number: 2 3	Venue: Date: Total Cost:
2 - Select Candidates	
Candidate Name 1 2 3 4 5 6 7 Carrange Days Days Days Days Days Days Days Days	Course Number 8 9 10 11 12 13 14
Name: Organization: Address: Town: Post Code: Fax: Name (BLOCK CAPITALS): Signed:	Country: Email: Mobile:

Please add vat onto the price of the course. I agree to the Terms and Conditions from the website link CLICK HERE or visit at http://www.abertaytraining.co.uk/terms-conditions

Please click on the box to confi rm you agree to Terms & Conditions of Booking or tick the box to agree to conditions as we cant accept any booking without this.

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