

ABERTAY TRAINING Ltd – HQ 26 Meenashesk Place, Strabane BT82 9DX  
**For all your Training Needs in England, Scotland, Wales and Ireland**  
 Training Manager: Mr Paul Horsburgh BSc, PGDip IT, PGDip PM, GradCIPD, PGCE  
**Telephone 0845 0 95 95 95 Fax 0845 0 95 95 96**  
**Web Site: <http://www.abertaytraining.co.uk> Email: [info@abertaytraining.co.uk](mailto:info@abertaytraining.co.uk)**

## Public Lifesaver First Aid Course



### Public Lifesaver First Aid Course

**Level:** This course is suitable for persons who wish to gain first aid skills and give first aid to the general public. This course is not for treating employees at work.

**Time:** 16 Hours.

**Certification:** Yes the Public Lifesaver First Aid Certification to all passing the course

**Cost:** Please call for details for in-house courses of up to 12 people.

### Course Syllabus:

- First Aid Priorities
- Incident Management
- CPR & Rescue Breathing
- Airways Disorders including Choking
- Control of Bleeding
- Shock
- Burns & Scalds
- Fractures
- Poisons
- Muscle, Bone and Joint Injuries
- Diabetes & Epilepsy



### Other Courses Available Include:

Manual Handling, Fire Safety, Health & Safety, Appointed Persons First Aid, Baby and Children First Aid, VDU Screen Safety, AED plus many Computer Courses.



# Health & Safety In-house Booking Form

**REMEMBER:** We can cover all courses in England, Scotland, Ireland N/S and Wales and the costs below is the full cost for a course in your workplace for up to 12 persons

You can fill in the form by typing directly on the form and also you can select the course by clicking in the select box to tick it before printing the form to send

## Booking an In-house course is as easy as ABC

- A. Select Course – Just click in the select box to highlight it  
 B. Choose your Date & Venue – Your company Address or if you don't have a venue give us a call  
 C. Select Candidates – Fill in the names only if you know them now

	A. Select Course	Cost	Select		A. Select Course	Cost	Select
1	HSE First Aid (4 day) New	£ 950		11	Fire Safety	£ 350	
2	HSE First Aid (2 day) Renew	£ 650		12	Fire Warden	£ 450	
3	First Aid Appointed (1 day)	£ 350		13	Office Safety	£ 350	
4	Public Lifesaver First Aid	£ 250		14	COSHH	£ 350	
5	CPR Training	£ 150		15	PPE Safety	£ 350	
6	Child & Baby Lifesaver	£ 200		16	Visual Display Safety	£ 350	
7	AED Defib Training	£ 350		17	Risk Assessment	£ 350	
8	Medical Gases	£ 350		18	Confined Spaces	£ 450	
9	Manual Handling (Objects)	£ 350		19	Confined Spaces -Managers	£ 650	
10	Manual Handling (People)	£ 350		20	Health & Safety Awareness	£ 350	

We give discounts for large groups and have other courses which can be tailored to meet your needs so give us a call  
 For CIEH, IOSH and NEBOSH call **0845 0 95 95 95** for details

Dates/Times	B. Choose your Dates & Venue	
Dates:..... Start Time: ..... Finish Time: .....	Company: ..... Address: ..... ..... Town: ..... Postcode: .....	
Places	Payment for maximum of 12 candidates	
C. Your Candidate Names		Correspondence Details
1.) ..... 2.) ..... 3.) ..... 4.) ..... 5.) ..... 6.) .....	7.) ..... 8.) ..... 9.) ..... 10.) ..... 11.) ..... 12.) .....	Name:..... Organisation:..... Address:..... .....Postcode..... Tel: ..... Fax: ..... Email .....

### PAYMENT TERMS

- Course must be booked 10 days before start date and fees must accompany booking form.
- Cancellations within 7 working days of the start of the course will incur a cancellation fee of 40% of the course cost. If candidate does not show on course then cancellation fee is 100%
- The trainer will not be asked to conduct any training outside of Abertay Training Ltd
- In the event of Abertay Training having to re-arrange the dates or location of a course the company will be offered a full refund of their course fees.

*Have you enclosed your remittance? – Cheques payable to Abertay Training or send purchase order*  
 Send booking form to Paul Horsburgh, Abertay Training Ltd - HQ, 26 Meenashesk Place, Strabane BT82 9DX  
 Fax Booking form to **0845 0 95 95 96** then post